

ADOPT-A-SAILOR PROGRAM INFORMATION

RECRUITS ARE NOT AUTHORIZED TO:

- **USE TOBACCO PRODUCTS**
- **DRINK ALCOHOLIC BEVERAGES
REGARDLESS OF AGE**
- **DRIVE A MOTORIZED VEHICLE OF ANY
TYPE OR RIDE ON A MOTORCYCLE**
- **TRAVEL OUTSIDE A 50 MILE RADIUS OF
GREAT LAKES**
- **WEAR CIVILIAN CLOTHING**
- **TAKE ANY MEDICATION OVER THE
COUNTER OR PRESCRIBED (LEGAL OR
ILLICIT)**
- **RIDE IN A MOTORIZED VEHICLE WITHOUT
SEATBELTS**
- **BRING ANY ITEMS BACK WITH THEM TO
RECRUIT TRAINING COMMAND, INCLUDING
BUT NOT LIMITED TO: FOOD, CANDY,
CIGARETTES, DRINKS, ETC. THIS INCLUDES
CHRISTMAS GIFTS OF ANY KIND.**